

GENERAL BOOKS ON DEATH, GRIEF AND BEREAVEMENT

A Journey Through Grief by Alla Renee Bozarth, Ph.D.

Gentle, specific help to get you through the most difficult stages of grieving.

A Time to Grieve by Bertha G. Simos

This book traces in depth the cycle of loss from grief and mourning to healthy restitution. The author shows how past losses and reactions are related to present losses/reactions and the fear of future losses.

A Time to Mourn, A Time to Dance Help for the Losses in Life by Margaret Metzgar, M.A., CMHC

This book looks at grief that comes with death, divorce, unemployment and other important losses that may impact your life. Included are resources that can provide in-depth spiritual guidance and comfort.

A Travel Guide To Heaven by Anthony DeStefano

This book provides a delicious preview of a place bursting with beauty, excitement, challenges, fun, and pure delight.

About Mourning by Phyllis Kamm & Savine G. Weizman, Ph.D.

Support & guidance for the bereaved. A book about emotional life of one who has suffered the death of a loved one & what it is like to go through an aversive experience, to endure emotional pain and to heal painful memories.

Attachment by John Bowlby

Third in a pioneering trilogy of books. He analyzes the effects of a death in the family on the lives of children and adults. The book gives insights into the dynamics of mourning, the problems of depression, and the processes of accommodation and healing.

Attachment and Loss by John Bowlby

The author explores the way infants learn to depend on their mothers, to love and obey them, to please them and defy them, all as a part of their own growth patterns into adults.

Be Not Afraid, I am With You by Mary Brian Durkin

The prayers in this book offer words to use to talk with God, especially when you are at a loss for what to say, when pain seems overwhelming... Let the prayers become like good friends that you invite into your soul whenever you need their wisdom and consolation.

Before I Wake by Paul R. Carlson

Shows you how to prepare for the end of your life and how to cope with terminal illness and the death of those you love.

Between Life and Death by Robert Kastenbaum, Ph.D.

This book discusses out-of-body experiences. The book was designed to present a dispassionate

examination of this very controversy, by eminent scholars, so that the committed reader can make up one's own mind.

Beyond Grief by Carol Staudacher

This book reaches out, as much as possible to serve as a guide, extensive aid, and as a support system.

Beyond Sorrow by Herb & Mary Montgomery

Written from a Christian perspective, this book asks questions which are followed by answers which are both realistic and hopeful. Exquisite black and white illustrations are used throughout the book.

Biblical Perspectives on Death by Lloyd R Bailey, Sr.

The author makes significant contributions to the three areas: Religion, history and education. He gathered all the Old and New Testament references to death and dying and he presents them for our information in their historical perspective. Valuable to the clergy, historian, & educator.

Blessed Grieving - Reflections on Life's Losses by Joan Guntzelman

Sixteen reflections in this book assist readers in grieving life's losses due to aging, broken relationships, destroyed self-respect, the death of loved ones, and more.

Building Memories by Doug Manning

This booklet will assist in planning a meaningful funeral.

Caring for Your Aged Parents by Earl A. & Sharon H. Grollman

This describes the stress and confusion between generations. The book is directed towards grown children in the hope that they can understand their reactions to their parents' needs.

Chicken Soup for the Grieving Soul by Jack Canfield and Mark Victor Hansen

This wonderful collection of heart-warming, heart-opening stories will nurture you, inspire you and help you to heal. They will help you to know that you are not alone.

Come Healing God by Joan Guntzelman and Lou Guntzelman

Nothing seems to provoke an intense turning to God in prayer like illness does. This book offers suggestions for praying when readers feel at a loss for words, overwhelmed with discomfort, or when they desire to know that God is close.

Concerning Death by Earl A. Grollman

This is a clear, balanced and comprehensive guide to dealing with the facts and emotions of death. This can be an indispensable guide for anyone called upon to help in the inevitable crisis generated by a death.

Continuing Care Series Books by Doug Manning

This is a series of books intended for aftercare purposes.

Book 1 - Will I Survive this Pain?

Book 2 - The Grieving Reaction

Book 3 - Grief is a Family Affair

Book 4 - Permission to Grieve

Cowbells and Courage by Patrick W. Page

The authors wife died after almost 50 years of marriage. Now he sits and talks with men about everything from dating to cooking to anger and tears.

Cries of the Heart by Wayne Simsic

This book is for those who are currently grieving and for those who are confronting past losses. These prayers provide words that readers may need when their heart is preoccupied with the pain of loss. The prayers can help them face the need for forgiveness, the shock and depression of loss, and the fear of letting go.

Cry Until You Laugh by Richard J. Obershaw, MSW, LICSW

A 200 page book that explores the following: Death in society today, the third world of the dying, processing grief, the major myths about grief, and the methods that help ritualize our grief... "Seriously funny" reading. Great for the bereaved person.

Death and Attitudes Toward Death by Stacey B. Day

Transcript of discussions which took place at a symposium on "Death and Attitudes Towards Death", conducted by the Bell Museum of Pathology, University of MN Medical School.

Death and Dying: Challenge and Changes by Fulton, Markusen, Owen, Scheiber

A historical and contemporary survey of 15 major areas in thanatology. This is done by gathering selected chapters from the most important publications on thanatology produced in the 20th Century.

Death and Dying: A Source Book For by Elliot Wager

A companion to the book Challenge and Change

Death and Dying: Newspaper Articles by Robert F. Fulton

A companion to the book Challenge and Change

Death: Current Perspectives by Edwin S. Shneidman

Contains provocative pieces that represent the cutting edge of ethical debate, theoretical discussion, and clinical issues about death and dying.

Death Etiquette for the 90's: What to do/What to say by Johnette Hartnett

A practical handbook on how to help, what to say and what not to say to friends who have suffered a loss. Includes suggested messages of sympathy, plus a section on how to help during the holidays and other special days.

Death, Grief, and Mourning by John S. Stephenson

A surveying of individual and social responses to death from its meaning to the complex ethical

dilemma surrounding suicide and euthanasia.

Death: The Final Stage of Growth by Elizabeth Kubler-Ross

This tries to answer the many though questions on the topic of death. The author shows us that if we come to terms with our own finiteness, we can grow. Death provides a key to the meaning of human existence.

Different Losses Different Issues: What to Expect and How to Help by Johnette Hartnett

Suicide, murder, terminal illness, AIDS, newborn deaths, abortion, SIDS... Understanding the issues can help support your grieving friends and loved ones.

Don't Take My Grief Away From Me by Doug Manning

How to walk through grief and learn to live again. It helps one get through the decision making days.

Father Loss by Neil Chethik

How sons of all ages come to terms with the deaths of their dads. This book describes how children, young adults, middle-aged men, and older men react differently to a father's death. It is an extraordinary resource for anyone facing the death of a father, or still adjusting to such a loss that occurred years or even decades ago.

Final Celebrations: A Guide for Personal and Family Funeral Planning by Kathleen

Sublette & Martin Flagg

This book is about taking charge of the final celebration of life, the funeral ceremony of a loved one, or your own.

Finding Your Way after Your Parent Dies by Richard Gilbert

Rev. Richard Gilbert has created a compassionate guide for those experiencing a loss of a parent. From the disorientation that can come immediately after death to relating to the surviving parent and healing old emotional wounds, the topics dealt with here will be of tremendous help to all.

For Those We Love But See No Longer by Rev. Lisa Belcher Hamilton

a gathering of scriptural readings, psalms, prayers, and reflections to be used by those who are grieving the loss of a loved one.

Forever Ours by Janis Amatuzio, M.D.

A Forensic Pathologist's perspective on immortality and living - a collection of real-life stories. The author explores the mysterious realm of visions, experiences, and communications experienced by families at the threshold of the deaths of their loved ones.

Food For The Soul by Alan D. Wolfelt, Ph.D.

This book is "a best of bereavement" poetry collection.

Free Fall by JoAnn Kelley Smith

Written from a Christian perspective, this is the author's feelings before she died of cancer. This

book can help the family of a cancer patient cope with the inevitable.

From This Day Forward by Nancy Rossi

A true love story about a husband who is dying and an inspiring race against time for him to see their baby born.

Getting to the Other Side of Grief by Susan J. Zonnebelt-Smeenge, R.N., Ed.D. and Robert C. De Vries, D.Min., Ph.D.

Overcoming the loss of a spouse. This book will help you experience grief in the healthiest, most complete way so you can move forward to embrace the new life that is waiting for you.

Grief in the Workplace: 40 Hours plus overtime by Johnette Hartnett

Practical down-to-earth advice for co-workers, employees and employers on how to maintain productivity, ease the daily stress and offer real help to bereaved friends in the workplace.

Grieving - A Beginner's Guide by Jerusha Hull McCormack

This is a book of lessons learned first hand by the author in her own grieving.

Guests of My Life by Elizabeth Watson

A spiritual pilgrimage. A transforming journey from deep, almost overwhelming grief over the accidental death of the authors daughter to an unfolding awareness of the oneness of all life. She offers strong yet tender support for others.

Healing Grief by James Van Praagh

The author shares many insightful spiritual messages from deceased loved ones, who shed new light on grief and loss. These stories, along with accounts of his own personal experiences, assist us in viewing our losses as stepping-stones on our soul's evolving spiritual journey.

Healing Your Grieving Heart: 100 Practical Ideas by Alan D. Wolfelt, Ph.D.

This book offers 100 practical, here-and-now suggestions for helping yourself mourn well so that you may go on to live well and love well again.

Heart Sounds by Martha Weinman Lear

This is filled with love and fury, a celebration of life-and a defiant roar against death. It probes so deeply the emotional recesses of a man and a woman, and touches so many universal nerves, that to read it is to live an experience of overwhelming intensity.

Hope For Bereaved by Therese S. Schoeneck

A handbook of helpful articles written by bereaved people for bereaved people and those who want to help them.

How Goes It With Your Soul by Peggy I. Dyson

This book offers simple truths to live by through quotes and watercolors.

How To Survive The Loss Of A Love by Colgrove, Bloomfield & McWilliams

This book offers suggestions in the process of recovering from a loss and uses poems to inspire the reader.

I Know Just How You Feel by Erin Linn

This is a unique opportunity for the comforter and the comforted to listen to each other so that misunderstanding can be avoided.

Individual, The Society, and Death by David W. Berg and George G. Daugherty

Excellent compilation of reading taken from many sources. The book covers several germane topics to death.

In My Mother's Kitchen by Robin A. Edgar

This book focuses on the steps to recalling, recording and celebrating significant memories that help the reader recognize and value the individuals and incidents that shaped their lives.

The Student Activity Book by David W. Berg and George G. Daugherty

A companion to the book Individual, The Society and Death. (Activities and assignments)

Letting Go With Love; The Grieving Process by Nancy O'Conner, Ph.D.

O'Conner reaches out with warmth and compassion to those searching for ways to handle a recent loss and shares her insights into the grieving process, reassuring survivors and friends that the wounds inflicted by death do heal.

Listening to the Silence The Seasons of Grief compiled by Jim Blommer

Multiple authors share their insight in dealing with grief. Beautiful pictures and psalms.

Living with Pain by Barbara Wolf

This is not a medical textbook, rather it affords the reader a broad view of the serious problems created by pain, the many solutions (some helpful and some harmful) normally advanced by medical and helping professionals and some realistic hopes available to those who must live with the pain of the sufferer.

Lost and Found Finding Self-Reliance After the Loss of a Spouse by P. Mark Accettura and Steven J. Case

My Friend, I Care by Barbara Karnes

This booklet explains the grief experience and some do's and don'ts to follow.

Never the Same - Coming to Terms with the Death of a Parent by Donna Schuurman

This book helps those who have lost a parent as a child reflect on their unique experience, understand its impact, and heal.

New Meanings of Death by Herman Feifel

The author has gathered a distinguished group of scholars to share their practical expertise on death in the American social scene. Several topics are discussed thoroughly.

No Time for Goodbyes by Janice Harris Lord

This book gives hope and useful suggestions to survivors grieving for a loved one killed. It's one of the few books to deal with this very difficult subject and does so with intelligence and compassion.

On Angel's Wings by Karen Taylor-Good

This book and CD address many issues like our aging parents, our estranged teenagers, our hopes, fears, doubts and uncertainties. Through Karens words and music you will recognize a common "spirit" that bonds us together in a way that you have not experienced before.

On Death and Dying by Elizabeth Kubler-Ross

The author explains what the dying have to teach, their reactions to the awareness of their own finality, and the various stages of dying. The book is written in non-technical language and it shows how the dying can be helped to meet their death in peace and dignity.

Planning A Meaningful Cremation Funeral by Doug Manning

This booklet provides a guide for families choosing cremation.

Praying Our Experiences by Joseph F. Schmidt

This book entails the practice of reflecting on and entering honestly into the day-to-day events of life to become aware of God's word in them and to offer ourselves to God through these events.

Quest: The Life of Elizabeth Kubler-Ross by Derek Gill

This book provides us with the story of a little woman who travels in excess of 25 million miles every year where she sees dying patients in every city. Her quiet voice commands the attention of thousands that attend wherever she speaks.

Recovering From The Loss Of A Sibling by Katherine Fair Donnelly

These intimate, true stories provide valuable insight, demonstrating that the reader is not alone and that others have gone through this devastating experience and have survived. In these pages, sisters and brothers share their innermost feelings, wanting others to gain comfort from their experiences.

Recovering From The Loss Of A Loved One To AIDS by Katherine Fair Donnelly

This book contains experiences of survivors of an AIDS loss and how they cope. It reviews understanding and overcoming the social stigmas that can turn AIDS survivors into "hidden griever" and contains insightful comments from bereavement counselors.

Reflections on Life After Life by Raymond A. Moody, Jr., M.D.

The author has interviewed several people who have had near-death experiences and he reports their observations. The author also describes experiences of some famous people from history.

Retrospect by J.C. Kirby

Working through the fear, frustration, anger and pain that are the legacy of the bereaved. The poems in this book put these emotions into perspective and promise solace and hope.

Separation by John Bowlby

Second in a series of pioneering trilogy, this book teaches us about the deep bonds created between parents and children, and children's fear and anger when the parents disappear.

Stepping Through the Awkwardness by Marilyn Gryte

This book helps us know what to do or say when we experience a sense of helplessness. It suggests what to do to be supportive.

Talking to Heaven by James Van Praagh

A medium's message of life after death - the author shows us what lies beyond our visible world and answers questions about life after death.

That's What Friends Are For by Ronald Kidd

Friends are for studying with, playing ball with, sharing dreams with, and sharing secrets...unless of course, one of the friends gets a terminal disease. Excellent junior high story about the friend who grows up....and how we might find something of each one inside of ourselves.

The Broken Heart by James J. Lynch

This is about life and death, love, companionship and health and loneliness that can break the human heart. Most medical specialists until now, have ignored the effects of human contact and socialization on illness, the dying and the bereaved. This shows that people can die with a 'broken heart'.

The Complete Funeral Guide by Patricia A. Simone

A resource to the practical and emotional issues...before, during and after the service. The author attempts to answer many of the concerns that the survivors must face.

The Dash - Making a Difference with Your Life by Linda Ellis and Mac Anderson

An inspiring book of poems.

The Empty Chair - Handling grief on holidays and special days by Susan J. Zonnebelt-

Smeenge, R.N., Ed.D. and Robert C. De Vries, D.Min., Ph.D.

Whether you've lost a spouse, parent, child, friend, or sibling, this book invites you to journey through grief toward life-giving healing.

The Funeral - A Chance to Touch, A Chance to Serve, A Chance to Heal by Doug

Manning

This book explores the value of a funeral and the challenges of the funeral.

The Funeral: An Endangered Tradition - Making Sense of the Final Farewell by Johnette Hartnett

A step-by-step guide to American funeral practices, plus practical answers to the most often asked questions about this important tradition.

The Funeral: Vestige or Value by Paul E. Irion

This seeks to isolate and describe the valuable functions of the funeral. The author evaluates contemporary practices and proposes to conserve the real values.

The Gift of a Memory by Marianne Richmond

This book is a warm and gentle gift of love that commemorates the loss of a special life and celebrates our most cherished memories. Each page, with its tender prose and reflective artwork, is a hug for the healing heart.

The Grief Club by Melody Beattie

part memoir, part self-help book, part journalism - you will come to know about Beattie's experiences with death, divorce, and drug addiction. You will meet others who have also endured tragedy and heartbreak.

The Grief Recovery Handbook by Frank Cherry & John W. James

A step-by-step program for moving beyond loss.

The Hour of Our Death by Philippe Aries

A meditation on Western Man's changing attitudes toward death from earliest Christian times until present.

The Journey Through Grief: Reflections on Healing by Alan D. Wolfelt, Ph.D.

This book is a series of reflections to help you when you are ready, to gently embrace your need to mourn so that you may heal.

The Lonely House by Lowell O. Erdahl

This resource is for those who need a daily companion during a time of loss. The author provides daily readings for sixteen weeks following the loss of a loved one. The promises of God in Jesus Christ are central in each message.

The Power of Presence Helping People Help People by Doug Manning

In this workbook you will discover the wonderful experience of the power of listening.

The Many Faces of Grief by Edgar N. Jackson

Edgar explores how we express grief and how it can be creatively managed. Grieving persons and those helping, supporting, and counseling may better understand grief behavior and response.

This Thing Called Grief New Understandings of Loss by Thomas M. Ellis

This book shows that although grief and pain may be changing you now, they have the potential to transform your life in a healing way.

Thoughts for the Holidays - Finding Permission to Grieve by Doug Manning

The holidays are difficult for anyone on the grief journey. Doug gives the reader permission to find their own special way to cope, to remember and to survive the hurdles that the holiday season can present.

To Live Until We Say Goodbye by Elizabeth Kubler-Ross

This book gives us an insight into how Kubler-Ross deals with her patients through documentation and excellent pictures. We hear her message...that a man's end should have dignity and beauty, achievable only through a caring, pain-free environment, which is still rarely found in a modern hospital.

Tuesdays with Morrie by Mitch Albom

In this book Morrie Schwartz shares his experience of facing his own death from Lou Gehrig's Disease.

Understanding Dying, Death, and Bereavement by Michael Leming & George Dickinson

Helps one understand and cope with the social processes of dying, death and bereavement - primarily directed to undergraduate and graduate students.

Understanding Grief by Edgar N. Jackson

Dr. Jackson defines grief, the role of guilt, the function of religious philosophy, the value of religious symbols, and normal/abnormal reactions. Then using case studies, the author discusses and interprets how the grief-stricken may be restored to useful living sustained by faith of God.

Understanding Grief - Helping Yourself Heal by Alan D. Wolfelt, Ph.D.

This book speaks about Wolfelt's own personal and professional life. It is written to provide an opportunity for the reader to learn about their own personal grief.

Understanding Loneliness by Edgar N. Jackson

Some people refuse to face up to their loneliness and others seek to come to terms with it. This book is written for those who wish to face their loneliness for what it is and deal with it.

Understanding Mourning by Glen W. Davidson

For mourners, about the work they must do to overcome the disorientation that follows the loss of a loved one.

Using Grief To Grow: A Primer by Johnette Hartnett

Since the deaths of her three children, Johnette Hartnett has devoted her life to understand her tragic loss and to helping others use their grief to grow emotionally, mentally and spiritually. Through her work and research, she offers a unique perspective - a hopeful, optimistic future to anyone who has suffered a loss.

Voices of Death by Edwin Shneidman

Almost 30 years ago Dr. Shneidman stumbled on a cache of suicide notes in the dusty files of a coroner's office. His interest sparked the doctor to edit these and other notes to help the caregiver, the patient, and the bereaved, or "for anyone who is list on the way of dying".

Welcoming Change - Discovering Hope in Life's Transitions by James E. Miller
Spiritual reflections, insights, and guidance that brings understanding and renewal to life's most challenging times.

What Helped Me When My Loved One Died by Earl A. Grollman
The stories in this book are full of sorrow but they are about strength and endurance and healing. To read them is to share something rich and heartfelt with a trusted friend.

What to Do When The Police Leave - A guide to the first days of traumatic loss by Bill Jenkins
Homicide, Suicide, Car Crash, Tragic Accident - a victim's father addressed the special needs of traumatic loss with insight and sensitivity.

When A Friend Dies by Marilyn E. Gootman, Ed.D.
The death of a friend is a wrenching event at any age, but teenagers especially need help coping with the painful loss. Their emotions are already fragile; they don't know what to do or how to feel. This sensitive book offers gentle advice by answering questions that grieving teens often have.

When Parents Die - a guide for adults by Edward Myers
This addresses the psychological and practical realities of a parent's death and offers the solace and information needed to make the experience less stressful, less complex and less exhausting. It includes an excellent section on psychology of mourning and common forms of parental loss.

When There Are No Words by Charlie Walton
This book is helpful to families, friends, counselors and supporters of the persons retrieving their life and purpose.

You Don't Have to Suffer by Judy Tatelbaum
Challenging the firmly held belief that we must brave our circumstances and endure life's crises, this book contends that while hurt is inevitable in life, suffering is not.

PAMPHLETS ON DEATH, GRIEF AND BEREAVEMENT

A Guide For Planning Ahead by Batesville Management Services

This booklet provides some helpful information for pre- planning a funeral.

A Guide to Grief by National Hospice and Pallative Care Organization

This guide will help you understand the grief you or others may feel after a death.

Anatomical Gifts by National Funeral Directors Association, Inc.

This pamphlet explains the different options available in regards to donation of organs or entire bodies.

An Extra Measure Of Care by Compassionate Friends, Inc.

An explanation of the self help support groups for the bereaved parents.

Being Prepared: A Practical Guide To Government Benefits And Funeral Planning by

Jones and Associates, Inc.

This pamphlet explains where to start in the planning process and why you should plan ahead.

Bereavement Support Group - Hospice Care at St. Cloud Hospital

This pamphlet discusses the support group from the St. Cloud Hospice.

Central Minnesota Counseling by Lutheran Social Service of Minnesota

This pamphlet explains the agencies counseling programs for individuals, couples, families and seniors.

Choosing A Funeral Ceremony by NFDA

This pamphlet explains why funerals are important and speaks about ceremonies.

Cremation And Memorialization...The Choices Are Yours by Wilbert

This pamphlet explains the different aspects of cremation.

Co-Worker Death by National Funeral Directors Association, Inc.

This pamphlet gives some answers to questions you may have concerning a co-workers death.

Funerals & Medical Assistance Eligibility in Minnesota by MN Funeral Directors Assoc.
This pamphlet gives information on what you need to know about funeral trusts and life insurance policies for funeral expenses.

Grief - A Time To Heal by National Funeral Directors Association, Inc.
This pamphlet explains what grief is and how to cope with it, as well as explaining some reactions to death.

Grief Services For Persons Experiencing Loss Through Death by Caritas Catholic Charities.
This pamphlet gives HOPE for grieving individuals in Helping Ourselves through Painful Experiences.

Grief, Time and Expectations by Sandra Graves
This collection of stories and advice is designed to assist the grieving process.

Guide Lines by Guidelines Publications
This pamphlet provides informative guidelines and basic factors to be considered in the making of funeral arrangements. Expressed thoughts found in the succeeding pages are derived from extensive physiological studies of grief therapy, and are in no way meant to influence a family's personal request.

Guidelines For Putting My House In Order by Guidelines Publications
Pamphlet about prearrangement and record of personal affairs.

Helping A Friend In Grief by Batesville Management Service
This pamphlet offers suggestions for you in helping a friend through the loss of a loved one.

Helping A Homicide Survivor Heal by Batesville Management Services
This pamphlet explains helpful suggestions for survivors of murder victims.

Helping Groups by National Funeral Directors Association, Inc.
This pamphlet lists various organizations and provides an address for each.

Helping Your Family Cope When A Pet Dies by Batesville Management Services
Dr. Alan Wolfelt helps explain the feelings associated with the loss of a pet.

Helping Yourself Heal During The Holiday Season by Batesville Management Service
This pamphlet explains the emotions that are dealt with during the holiday season.

Helping Yourself Heal When Someone Dies by Batesville Management Services
Dr. Alan Wolfelt gives advice on handling the emotional issues during the loss of a loved one.

Holiday Help: Hope and Healing For Those Who Grieve by Accord

Helping the bereaved cope during the holidays. It will attempt to give you some information about bereavement and its relationship to the coming holiday season. Some suggestions that will help you cope.

How To Reach Out For Help When You Are Grieving by Alan D. Wolfelt, Ph.D.

This booklet will help you understand the importance of reaching out for help when you are grieving.

Living With Your Loss by Batesville Management Services

This pamphlet explains how to grieve in your own way, accept your emotions and express your feelings.

Making Funeral Arrangements by NFDA

This brochure is intended to answer many of the questions you may have about arranging or prearranging a funeral.

Parent Death by National Funeral Directors Association, Inc.

This pamphlet explains stages of the loss of a parent.

Question and Answers on Anatomical Gifts by National Funeral Directors Association, Inc.

This pamphlet explains the process of anatomical gifts and provides answers to the most often asked questions.

Someone's Grieving by Human Services Press, Springfield, IL

This pamphlet explains grief and grieving people and some of the reactions you can expect to see from them.

St. Therese Center For Special Ministry

This pamphlet explains the groups and individual counseling programs available for adults and children.

The Service Of Others: The Professional Funeral Director by National Funeral Directors Association, Inc.

This pamphlet describes the role of the funeral director beginning at the time of arrangements until follow-up care with the family.

Through Caring, Renewal Begins by Earl A. Grollman
this folder speaks briefly about coping with the death of a loved one.

Values of the Funeral by Batesville Management Services

This brochure explains why we have funerals, what options are available and what costs are involved.

What You Should Know About Cremation by National Funeral Directors Association, Inc.

This pamphlet explains cremations and the cremation process.

When A Grandparent Has Died by Accord

This pamphlet explains some feelings you may be experiencing after the loss of a grandparent.

When Death Is By Trauma by Accord

This pamphlet describes the physical experiences one goes through after a traumatic loss.

When Death Occurs - National Funeral Directors Association, Inc.

This pamphlet gives suggestions on who to call at the time of death. The process of planning a funeral, as well as legal and financial matters.

When Your Brother Or Sister Has Died by Accord

This pamphlet explains the role change that occurs after the loss of a sibling.

When Your Parent Has Died by Accord

This pamphlet explains the changes a person goes through when a parent dies.

VIDEOTAPES ON DEATH, GRIEF AND BEREAVEMENT

A Consumer Information Guide to Cremation-OPTIONS IV by Batesville Management Services

This video explains cremation options and the variety of service options that may be chosen with cremation including:

- Visitation and service
- Private viewing and service
- Private viewing only
- Memorial service

A Ray of Hope: Facing the Holidays Following a loss- by Paul Alexander Productions

In this video you will learn ways to be true to yourself during a holiday season or any day you honor as a special day of remembrance.(45 min.)

A Safe Place to Be by Doug Manning

In this video several families speak about their grief journey in the hope that it will help others gain insight, hope, encouragement and support.

Because Life Was Lived by Batesville Management Services (10 Min.)

This video explains many different aspects of funeral service including pre-planning, the role of the funeral director, and the value of the visitation and funeral.

Beyond Death's Door by Darcie Sims, Ph.D., CGC, CHT (35 min.)

This video gives us the hope that we can learn to live again after the death of a loved one, and not just survive. Our task is to embrace all of their life - the good parts, the ugly parts, the hard parts- and then to make sure that love is what we remember most.

Coping Successfully with Special Days by Batesville Management Services (14 Min.)

In this video a group of people who have lost someone recently explain how they handle special days such as, birthdays, anniversaries and holidays.

Expressions of Grief: Teen Grief by NFDA Education Foundation (16 min)

This video speaks to teenagers about the funeral, funeral ceremony and grief.

Handling the Holidays by Darcie Simms (55 min.)

If someone is missing from your family this holiday season and you aren't quite sure what to do with the empty chair, this video is for you. Includes information about grief and many coping skills.

Healing Your Grief Wound by Spirit Quest Production and Distribution

Part 1 - The Early Weeks (29 minutes)

Part 2 - The Latter Stages (29 minutes)

In these video tapes a pastoral counselor shares some of the things he has learned from his own grief and from those grieving persons with whom he has worked during more than 40 years of caring and counseling.

Hope for the Holidays - Grief and Remembrance by Widowed Persons Service

A video tape guide through the emotions of the holiday season.

How Do I Go On? Re-designing your future after crisis has changed your life by

Batesville Management Service (21 minutes)

This video explains how life circumstances challenges us and helps us re-design our lives when the future before us is so different than the one we have foreseen.

Invincible Summer: Returning to life after someone you love has died. By Batesville Management Services (16 minutes)

This video explains that no one has loved someone else in the same way we have and no one has lost someone in the same way we have, but there are patterns to everyone's grieving and we can learn from others experiences.

Listen to your Sadness: finding hope again after despair invades your life. by Batesville Management Services. (17 minutes)

This video explains unresolved grief and some common feelings people have at the time of a loss.

Major Myths of Grief by Dick Obershaw (47 min.)

By watching this video, you will be better able to understand how these myths have harmed and lengthened your and other's grieving process.

Options with Cremation by Elder Davis Inc. (4 min.)

This video explains different discussions that need to be made with the choice of cremation.

Speaking of Planning by Batesville Management Services (15 min.)

This video describes the benefits to pre-arranging and explains what details are discussed when you pre-arrange.

The Courage to Grieve, the Courage to Grow by Judy Tatelbaum Impact Enterprises (45 min.)

This tape will teach you to recognize the stages of grief, to develop tools for healing, and to feel complete with grief. And in a powerful demonstration, to say good-bye and begin living whole heartedly with commitment.

The Journey of Grief by Doug Manning

Sit with Doug as he discusses the elements of the grief experience, the important aspects of a healthy approach to grieving and what grief companions can do to be a helpful part of the journey.

When A Loved One Dies - Walking through grief as a teenager by Paraclete Video Productions (30 min.)

This video features Alicia Sims Franklin, LCSW and covers such topics as: Surviving the first day, weeks and months after a death, grieving the relationship loss, grieving particular types of deaths, facing your future, learning to cope, rebuilding your life.

White Water, The Positive Power of Grief by Accord Inc.

Each one of us is ever changing as we encounter the roar and solitude of life. Whitewater is a twelve minute eversion into that free-flowing experience where triumphs and losses rule the waves, and where recovery is the true measure of success.

BOOKS ON CHILDREN AND DEATH

A Broken Heart Still Beats by Anne McCracken and Mary Semel

This book helps parents articulate grief at the loss of a child through a unique anthology of selections from classic and contemporary world literature.

A Bunch of Balloons by Dorothy Ferguson

A story/workbook for young children ages 5-9. A workbook that compares the loss of a loved one with letting go of helium balloons. It's especially good because it looks at not just what's been lost, but what still is left.

A Child's Book About Burial and Cremation by Earl Grollman and Joy Johnson

For ages 6-8, text and drawing/coloring opportunities.

A Child's Book About Funerals and Cemeteries by Earl Grollman and Joy Johnson

For ages 6-8, text and drawing/coloring opportunities.

A Child's View of Grief by Alan D. Wolfelt, Ph.D.

Dr. Wolfelt explains how children and adolescents grieve after someone loved dies. A must read for adults who want to help the young people in their lives better cope with grief and go on to become emotionally healthy, life-loving adults themselves.

A Child Remembers by Enid Samuel Traisman, M.S.W

A healing keepsake journal for children ages 8-12.

A Child's Book About Burial And Cremation by Earl Grollman and Joy Johnson

This book tenderly explains cremation and burial to children ages 4-10.

A Child's Book About Death by Earl Grollman and Joy Johnson

This is a gentle, almost poetic explanation of how everything and everyone dies. It talks about feelings that come when someone dies and what happens to the body. (Ages 4-10)

A Child's Book About Funerals and Cemeteries by Earl Grollman and Joy Johnson

There is grief, there are feelings, and there is a funeral. What the child is likely to experience, what he/she will see and what people may do are all discussed in ways that graciously include the child in this important family event.

A Grief Unveiled - One father's journey through the death of a child by Gregory Floyd

This book is a witness to the intimate presence of God in the midst of unbearable loss - offering hope to all who struggle.

A Mural for Mamita by Alesia K. Alexander

English and Spanish versions about a young girl whose Mamita gets cancer and later dies.

A Time for Healing by Joyce Brahler

The author writes a very personal story about how she dealt with the death of her 23 year old son, and she shares the stages of grief and how she handled each of them.

Babka's Serenade by Marianne Zebrowski

This storybook explains how a young girl deals with the death of her grandmother.

Bereaved Children and Teens by earl A. Grollman

This book offers some answers, bringing together experts to provide a comprehensive resource for parents, teachers, counselors and clergy.

Catching Rainbows by Kathleen Maresh Hemery, Juanita White, Olga Cossi

This book contains three stories to support children during life crises.

Children Are Not Paper Dolls by Erin Levy

A way to begin to understand the various feelings and fears which children experience.

Children and Grief: Big Issues for Little Hearts by Johnette Hartnett

How to help young children and adolescents understand their pain and grow in the face of great sorrow.

Common Threads of Teenage Grief by Janet N. Tyson

This book provides helpful guidance for teens and people involved in helping them with their grief. It offers touching but practical advice for the 13-17 age range, as well as parents, teachers, and others who are offering support.

Discussing Death by Gretchen C. Mills, et.al

Excellent source book for those teaching a class on death. Breaks down into age categories with appropriate topics and suggested sources.

Everything Changes, But Love Endures: Explaining Hospice to Children by Karen L.

Carney

This coloring book tells about the hospice philosophy of care. It offers an inspiring message about the resilience of the human spirit.

Explaining Death to Children by Earl A. Grollman

A good book for the professional as well as the parent. A wealth of information is provided on many topics from many different professionals.

Finding Grandpa Everywhere by John Hodge

A wonderful resource for helping children understand death, grief, and remembrance.

Gentle Willow - A Story for Children About Dying by Joyce C. Mills, Ph.D.

This book is for children who may not survive their illness. This comforting story about a tender-spirited tree and her friends in the forest will also help all children with the death of friends, family members, or even pets.

Good Grief For Kids by Katherine Dorn Zotovich

This book is a journal to help children cope with their grief during times of loss.

Grandfather Hurant Lives Forever by Susanna Pitzer

This book tells the story about a young boy whose grandfather died.

Grief Comes To Class by Majel Gliko-Braden

An educator's guide about how to help youngsters cope with grief. This is an excellent handbook explaining children's understanding of death and helping them deal with their feelings when grief comes to the classroom.

Healing the Bereaved Child by Alan D. Wolfelt, Ph.D.

This book embraces a more holistic view of the normal, natural and necessary process of grief and explores the ways in which bereaved children cannot only heal but grow through grief.

Helping Children Cope by Joan Fassler

This child psychologist has reviewed contemporary children's literature to suggest how books and stories can be used to help children grow, to help reduce fears and anxieties, and to initiate open, honest communications between children and adults.

Helping Children Cope With Grief by Alan Wolfelt, Ph.D.

This book is written for parents, teachers and counselors who have both a desire and a commitment to help children when they experience a death.

Helping Children Cope with the Loss of a Loved One by William C. Kroen, Ph.D.,
LMHC

Dr. William Kroen explains how children from infancy through age eighteen perceive and react to death. He suggests ways to respond to children at different ages and stages, and he describes strategies readers can use to guide and support children through the grief process.

Home Care for the Dying Child by Ida Marie Martinson

Modern hospitalization tends to isolate people, tearing down the family. The author feels that with the proper kind of emotional and medical support, parents who are willing, can keep a terminally ill child at home with his family and treasured possessions in perfectly adequate comfort until his death.

Honoring Our Loves Ones: Going to a Funeral by Karen L. Carney

This coloring book guides children through the death, visitation and funeral of a loved one. It addresses common questions such as "What does the word 'dead' mean?" "Why does the body look and feel different?" While each situation may vary, the story reflects the characteristics most often observed in the practice of Christian funeral rituals.

I Heard Your Daddy Died by Mark Scrivani

This book can be used as a vehicle for talking about feelings and ways to cope with the death of a parent. It talks about the many changes that come and reassures the child that she is loved and will be taken care of. (Ages 3-7)

I Heard Your Mommy Died by Mark Scrivani

This book can be used as a vehicle for talking about feelings and ways to cope with the death of a

parent. It talks about the many changes that come and reassures the child that she is loved and will be taken care of. (Ages 3-7)

I Know I Made It Happen by Lynn Bennett Blackburn

This book deals with childhood guilt in a positive way. It looks at feelings when there's a family fight, a divorce, illness, injury and death.

If I Die And When I Do by Barbara & Franki Sternberg

Describes an intimate personal journey that began as a study of death and ended as a celebration of life and growth. It is the story of one sensitive teacher's experience in pioneering courses on death and dying for junior high students.

Just You and Me: Making Memories with Your Children by Judy Richmond, MSW,
LCSW

This booklet introduces activities and ideas for families facing terminal illness.

Lilacs for Grandma by Margene Whitler Hucek

This book tells the story of how a young girl deals with the death of her grandmother.

Lean On Me Gently Helping the Grieving Child by Doug Manning

This book explains how to build a safe place to be and describes what red flags to look for. It also gives a listing of helpful tools and resources to help the grieving child.

Lost and Found Remembering a Sister by Ellen Yeomans

In this book a girl's sister dies of cancer. People around her say that 'we lost Paige.' As the family goes through the grief process, Alexandria discovers that she can always find Paige through art, memories, memorials, and Paige's possessions. The illustrations in this picture book are emotionally provocative, yet beautiful and soothing.

Molly's Mom Died by Margaret M. Holmes

This book for ages 8-10 has gentle illustrations and reassuring text to help young children understand the grief process.

Motherhood and Mourning by Larry G. Peppers & Ronald J. Knapp

Two male sociologists discuss maternal grief. Interviewed 42 mothers who experience fetal/infant death. Problems faced by grieving mothers. Authors want to develop awareness of the tragedy of the death; help understand the normalcy of feelings; and a practical guide.

Not Just a Fish by Kathleen Maresh Hemery

Puffer the fish is a very loved pet. One day puffer became sick and didn't swim anymore. The family has a creative way of saying goodbye.

On Children and Death by Elizabeth Kubler-Ross

Talks about difficulties faced by parents of dying children and offers loving and practical help they need during this period.

Our Special Garden: Understanding Cremation by Karen L. Carney

This coloring book offers a gentle, thoughtful and reassuring explanation of death and cremation. It explains the cremation process, describes what ashes look like, and offers suggestions for finding a special place for our loved one's cremated remains.

Plans: Using Storybooks to Help Explain Death and the Grieving Process to Elementary School Age Children by Geraldine Haggard, Design by Knoll Gilbert

This resource book suggests specific books for specific needs, then describes ways to use the suggested books with children. It also provides directions for follow-up activities that help support the themes and objectives for the books being used.

Precious Gifts: Katie Coolican's Story. Barklay and Eve Explain Organ and Tissue Donation by Karen L. Carney

Based on a true story of Katie Coolican, this sensitively written and illustrated coloring book will help children and adults understand the process of organ and tissue donation. The determination of brain death and its meaning is clearly portrayed. The process of family decision-making is poignantly illustrated. A list of words and definitions is provided to enhance understanding.

Ragtail Remembers by Liz Duckworth

A story that helps children understand feelings and grief.

Reactions by Alison Salloum, BCSW

A workbook to help young people who are experiencing trauma and grief.

Remember...A Child Remembers by Enid Samuel-Traisman, M.S.W.

For ages 8-12 - a keepsake journal for memories and writing.

Sad Isn't Bad by Michaelene Mundy

Offers children of all ages a comforting, realistic look at loss - loaded with positive, life-affirming helps for coping with loss as a child. It's a book that promotes honest and healthy grief and growth.

Sam's Dad Died by Margaret M. Holmes

This picture book has gentle illustrations and reassuring text to help young children understand the grief process. The book validates both the negative and positive feelings and the behaviors that are typical for children who have lost a parent. There is a care giver section at the back of the book that could help adults answer questions and deal with particular concerns.

Sarah's Journey by Alan D. Wolfelt, Ph.D.

This book describes Sarah's grief experience and offers compassionate, practical advice for adults who would like to help grieving children.

Should the Children Know? by Marguerita Rudolph

This book shows how the very young can and should be taught about death at school and at home.

Sensitive and sensible, this book contains true encounters with death in the lives of children and parents. Invaluable resource for teachers and parents.

Straight Talk About Death For Teenagers by Earl A. Grollman

The author discusses normal reactions to the shock of death, including disbelief, anger, panic and loneliness and how grief can affect your relationships with family, friends, and classmates. He also addresses surviving birthdays and anniversaries and how you can work through grief and begin to live again.

Sunflower Promise by Kathleen Maresh Hemery

A chapter book for children ages 8-12 who are experiencing the death of someone they know.

Sunflowers & Rainbows for Tia by Alesia Alexander-Greene

This book follows the family from the night of the father's death through the days following the funeral. The feelings of the child and the event surrounding her father's death are realistically portrayed and caringly addressed.

Talking About Death by Earl A. Grollman

A touchingly written and illustrated ode that deals frankly with the subject on the child's own level... Excellent too, is the parents guide.

Tear Soup by Pat Schwiebert and Chuck DeKlyen

Tear Soup gives you a glimpse into Grandy's life as she blends different ingredients into her own grief process. Her tear soup will help bring her comfort and ultimately help to fill the void in her life that was created by her loss.

Teenagers Face to Face with Bereavement by Karen Gravelle & Charles Haskins

With special understanding because they've been through it all, seventeen young adults discuss the deaths of parents, siblings and friends in this sensitive and caring book.

Tell Me, Papa by Joy and Marv Johnson

A gentle explanation for children about death and the funeral. Tells children about what happens when you die, explains the funeral, cremation and answers questions searching for the right words to say.

Telling A Child About Death by Edgar Jackson

Talking with a child about death.

The Angel with the Golden Glow by Elissa Al-Chokhachy

This book is based on a true, heartfelt story about a special little boy and his family. Lessons of life and beyond are portrayed beautifully in this magical children's tale.

The Bereaved Parent by Harriet Sarnoff Schiff

This is a book for any parent in a state of anguish. Bereaved parents often feel that no one can

help them because no one they know has suffered the same loss. The author's ten year old son died and she offers help through genuine identification with other parents sense of loss.

The Brightest Star by Kathleen Hemery

A little girl, grieving the death of her mother, finds comfort in looking for the brightest star in the sky to remind her of her mother's love.

The Christmas Box by Richard Paul Evans

The touching story of a widow and the young family who moves in with her. Together they discover the first gift of Christmas and learn what Christmas is really all about. The Christmas Box is a Christmas story unlike any other.

The Christmas Cactus by Elizabeth Wrenn

a young girl's grandmother dies and the Christmas season just isn't the same - all the colors of the season seem to be gone, but Megan gets a very special present.

The Fall of Freddie the Leaf by Leo Buscaglia, Ph.D.

This is a story about how Freddie and his companion leaves change with passing seasons, finally falling to the ground with winter's snow. Both children and adults will be touched by this inspiring story of the cycle of life.

The Garden Angel by Jan Czech

A young child discovers a grandparent's love grows even after death.

The Grief of Parents When a Child Dies by Margaret Shandon Miles

This booklet addresses the different grief reactions, coping strategies, and communication skills with spouse and children.

The Healing Tree by Kathleen Maresh Hemery

This book explains that even though the tree was struck by lightening, it was beginning to help, just like we begin to heal from our grief.

The Land Beyond Forever by Tracy Flynn Bowe

This book celebrates the human spirit and is a story about family, hope, joy, and resurrection.

The Memory Box by Kristen McLaughlin

A young child shares his feelings after Grandpa dies. He talks about all the things he will miss doing with grandpa. (Ages 4-9)

The Private Worlds Of Dying Children by Myra Bluebond-Langer

The prevailing attitude towards children has been that they do not have the maturity to understand terminal illness, death or mourning. Most children really know what is going on, but they only tell their parents what they want to hear.

The Rocking Horse Is Lonely by James D. Nelson

This book tells stories and personal reflections of fathers who have experienced the death of a

child. It describes how several fathers experienced the deaths of their children and what they found helpful and healing.

The Snowman by Robin Helene Vogel

A story of two brothers talking about how dad died and what his death meant to them.

Together, We'll Get Through This! by Karen L. Carney

This coloring book recognizes and validates all kinds of losses that children may have. Children learn constructive activities and healing choices to help them cope.

We Remember Phillip by Norma Simon

Sam and his classmates seek a way to express their feelings about the accidental death of their teacher's son.

What's Happened To Auntie Jean? by Paul White

This child's book (ages 4+) deals with a family's reaction to the death of their Auntie Jean. Pictures are used along with verses taken from the bible.

What's Heaven? By Maria Shriver

The many questions in this book - childlike and thought-provoking - are real, coming from the author's own children. It will help to teach your family how to come together, feel closer to one another, and experience peace.

What is Cancer Anyway? Explaining Cancer to Children of All Ages by Karen L. Carney

This coloring book provides basic information that is essential to understanding a cancer diagnosis. Barklay and Eve define cancer, explain radiation and chemotherapy, and emphasize that everyone's cancer is different.

When Bad Things Happen To Good People by Harold S. Kushner

The author uses an unconventional approach to helping the reader. He is a teller of tales. He has the rare ability to translate complex moral and psychological insights into everyday language.

Where is Grandpa? By T.A. Barron

This author reminds us all that a family's sorrow can be shared - and that even in the greatest loss, love can still be found.

"Why Do People Die?" by Cynthia MacGregor

The passing of a relative can be a bewildering experience for children. In this sensitive and straightforward book, children will discover answers to their questions when those they love die.

PAMPHLETS ON CHILDREN AND DEATH

Answers To A Child's Questions About Death by Guidelines

A pamphlet directed towards a child, talking about death. Short, yet very helpful.

Caritas Center For Children by Catholic Charities of the Diocese of St. Cloud

The Caritas programs for children are designed to help children understand their feelings and learn healthy coping skills.

Children And Death by National Funeral Directors Association, Inc.

This pamphlet reviews how to explain death to a child, how the child will react to death and how to help your child cope with death.

Children Die Too by Joy Johnson & S.M. Johnson, M.D.

This booklet represents the complete amount of aid a bereaved parent can absorb at any one reading.

For Bereaved Grandparents by Margaret H. Gerner

This booklet is written by a parent of a grieving child. It explains the opportunities you have to walk with your child through the most difficult life experience they will ever endure.

For Grieving Parents by MN Council of Bereaved Parents

This brochure is a listing of the support groups available for bereaved parents in the Minnesota area.

Goodbye My Child by Sara Rich Wheeler and Margaret M. Pike

This booklet is a guidepost to death and grief. It takes you through the decisions that need to be made and through the thoughts and feelings you may have. It helps you find and accept your own way of thinking and feeling as ok.

Help For Bereaved Parents by Mildred Tengbom

This booklet is intended to offer the reader encouragement, support and suggestions for outside

assistance and understanding. It means to lift your eyes to your ever-present helper and to open up avenues of communication with counselors and others in like circumstances.

Helping Children Cope With Grief by Batesville Management Services

This pamphlet reviews some guidelines concerning children and grief.

Helping Children with Funerals by Batesville Management Services

This pamphlet explains the importance of introducing children to the value of coming together when someone we love dies. It includes language and definitions to use.

Helping Teenagers Cope With Grief by Batesville Management Services

This pamphlet explains how adults can assist individuals in the teenage years deal with grief.

Helping Yourself Heal When Your Child Dies by Batesville Management Services

The experience of grief is powerful. So, too, is your ability to help yourself heal. This pamphlet helps you move toward a renewed sense of meaning and purpose in your life.

How I Feel: A Coloring Book For Grieving Children By Alan D. Wolfelt, Ph.D.

This coloring book is designed for children ages 3-8. It presents many of the feelings grieving children have experienced.

How to Help children Cope With Death by Accord

This pamphlet describes what to say to children coping with a traumatic change in their lives.

I Know Someone Who Died by Connie Manning & Deb Lund

This is a coloring book designed for approximate ages of 3-8 in a format that encourages parents and children to sit together, fill in the information and share some special time and feelings.

Kids Cope With Grief Series by Jessie Flynn

This is a series of 10 coloring books titled:

- * A little talk with God
- * A new heart for Hannah
- * A visit to the cemetery
- * Holidays and special days
- * Hospice hugs
- * It's not your fault
- * I miss my pet
- * Should I go to the funeral?
- * What is cremation?
- * What happens when someone dies?

Saying Goodbye by John K. Saynor

This is a book for parents to read to their children to help explain the death of a parent, grandparent, brother, sister, or friend.

Sibling Grief by Marcia G. Scherago

How parents can help the child whose brother or sister has died.

Talking With Young Children About Death by Hedda Bluestone Sharapan
Fred Rogers from 'Mister Rogers Neighborhood' talks with the author about helping adults find comfortable ways to talk about death.

The Class In Room 44 - When A Classmate Dies by Lynn Bennett Blackburn
This booklet is written in a story telling mode about a grade school class who lost one of their classmates.

The Grieving Student in the Classroom by Bobbie Ragouzeos
This booklet has guidelines and suggestions for school personnel and classroom teachers of grades K-12.

What Bereaved Children Want Adults To Know About Grief by Alan D. Wolfelt. Ph.D.
In the audio cassette, Dr. Wolfelt's teachings are interspersed with comments from actual bereaved children.

When a Child Dies...By Compassionate Friends
This self help organization offers friendship and understanding to bereaved parents. The purposes are to promote and aid parents in the positive resolution of the grief experienced upon the death of their child.

When Children Speak Of Grief by
By taking a few moments to read this pamphlet you'll quickly gain a feeling for what hurts and what helps young people in grief.

When Your Son or Daughter Has Died by Accord
This pamphlet gives suggestions on how to survive now that your worst fears are realized.

Who Lives Happily Ever After? By Sharon Turnbull
This booklet is geared towards families whose child has died violently. It explains such things as how to deal with the judicial system and the media.

Will I Ever Stop Hurting: A Parent's Grief by National Funeral Directors Assoc., Inc.
This pamphlet explains reactions to a child's death, a father's grief, the effects a child's death has on a marriage, how to cope with a child's death and how to talk to other children regarding the death of a sibling.

VIDEO TAPES ON CHILDREN AND DEATH

A Child's View of Grief by Dr. Alan D. Wolfelt (20 min.)

This video features actual bereaved children and their families. It explores several key principles of helping children cope with grief.

A Teen's View of Grief by Dr. Alan D. Wolfelt (40 min.)

An educational videotape for care givers, offering grieving teen's support systems and mourning needs, signs a teen may need extra help and practical helping guidelines.

A Place Prepared by Joey O'Connor, Rabbi Dr. Earl A. Grollman, Ralph Klicker, Ph.D. (40 min.)

This video will help you talk with children about death and heaven, and help you to prepare them for the inevitable losses that they will experience throughout their lives.

Helping Children Grieve with Khris Ford and Paula D'Arcy

This video offers helpful information to adults on how to help children of all ages grieve with hope and heart.

Saying Goodbye - Teens Talk about Grief by Aquarius Productions, Inc. (34 minutes)

This video is excellent for all teens, especially those who have a story to tell regarding the death of a loved one.

Saying Goodbye - Teaching Version by Aquarius Productions, Inc. (37 minutes)

This video can help parents, educators and clergy to better understand the grief process of kids.

Talking About Death With Children by Batesville Management Services (13 minutes)

This video is designed to be helpful to parents, teachers, and health professionals in understanding the ways to talk with children. Several leading children's education specialists and media experts were consulted to insure that the concepts would be clear to children.

The Do's & Don't's of Explaining Death to Children by Dick Obershaw) (1:05 min.)

This video tape helps adults understand the various ages children understand death/grief issues. It serves to help adults use the "helpful language" when explaining death/grief issues or sugar-coated lies that are harmful rather than helpful to children. Art therapy grief with grief issues is also discussed.

This Healing Path by Film Ideas, Inc. (35 minutes)

This is a video tape of teenagers explaining their experiences with the loss of siblings and parents.

Understanding Grief: Kids Helping Kids by Batesville Management Services (14 min.)

In this program you will be hearing from kids whose lives have been touched by death in some way. It is hopeful that by listening to them share their experiences will help you better understand your thoughts and feelings about this important subject.

What About Me? Kids and Grief by Films Ideas, Inc. (18 min.)

Children ages 4-14 discuss their experiences of grief due to the death or chronic illness of a sibling or parent. They offer support for a sense of support for others.

What Do I Tell My Children by Aquarius Productions (30 min.)

This video has become known as an outstanding resource for families and professionals who are helping children to cope with the death of a loved one. It will help grieving families to cope creatively with the pain of loss and will inspire them to find inventive ways to manage and transform their pain of everyday life.

When Kids Say Goodbye by NFDA Education Foundation (30 min.)

This is a toolbox designed for counselors to use in giving a speech to children ages 6-10.

BOOKS ON INFANT DEATH

A Silent Sorrow by Ingrid Kohn, MSW, and Perry-Lynn Moffitt with Isabelle A. Wilkins, MD

The authors examine such significant topics as the impact pregnancy loss can have on family relationships and careers, why men and women grieve differently, and how couples can confront the sorrow of ending an impaired pregnancy.

All Seasons Pass - grieving a miscarriage by Martha Manning

This book is told in the form of a parable in which a young woman learns not only about the ragged edges of grief, but the many sources of grace amidst that grief.

Bittersweet - Hello Goodbye by Sister Jane Marie Lamb, OSF

This book is a resource in planning farewell rituals when a baby dies.

Empty Arms by Sherokee Ilse

Coping with miscarriage, stillbirth and infant death. This reaches out to all who have been touched by infant death. This emotionally charged guide offers practical suggestions and support for decision-making at the time of the loss as well as during the days ahead.

Empty Cradle, Broken Heart by Deborah L. Davis, Ph.D.

This book strives to show the reader the wide range of experiences that can follow the death of a baby and to offer strategies for coping with this loss.

Little Footprints A special Baby's Memory Book by Dorothy Ferguson

For parents of stillborn infants or those who die shortly afterbirth. Features a journal for feelings, memorable dates, pictures, place for mementoes, last moments, and your story.

Memories of Our Baby by A Place to Remember

A soft cloud cover with places for you to write keepsake memories about the mother, father, pregnancy months, how the name was chosen, service information and pictures.

Naming the Child Hope-filled Reflections on Miscarriage, Stillbirth, and Infant Death by Jenny Schroedel

This book will allow bereaved parents to connect with shared, heartfelt stories, thus finding light and hope on their journey of grief.

Our Life With Caleb by Alice & Jared Massanari

Every impatient sigh of the long nine months it takes to create a new life is forgotten the minute parents hold a precious offspring in their arms. Through the Massanari's painful journey from joy to despair, we come to better understand and appreciate the nature of love and life.

Special Babies live in the hearts of those who love them! by AMEND

Includes journal pages, funeral information, birth/death certificate, and pictures

Still to be Born by Perinatal Loss/Grief Watch

A guide for bereaved parents who are making decisions about their future.

When A Baby Dies by Rana K. Limbo & Sara Rich Wheeler

This realistic comforting guide helps teach parents and siblings how to cope with the death of a baby and offers guidelines for rebuilding their lives.

When A Baby Dies by Martha Jo Church, Helene Chazin, Faith Ewald

This book was written not to give answers but to give some insight into the grieving process. It was written by those who have personally experienced the death of an infant and who know the pain and heartbreak that comes with it.

When Pregnancy Fails by Susan Borg and Judith Lasker

This book goes far beyond a parents reactions. It covers the staggering impact such a death brings to bear on the relationships between the couple. The authors have given all counselors the information they need to work for the benefit of all those involved.

PAMPHLETS ON INFANT DEATH

Coping With Infant Loss by American Sudden Infant Death Syndrome Institute

This helpful pamphlet reviews such things as: parents first reactions, siblings experience of loss, how spouses grieve in different ways.

Grief After SIDS by National Funeral Directors Association, Inc.

This pamphlet explains several reactions to a SIDS death, how to cope with your grief and help for other children and grandparents.

Grief And The Death Of Your Child by MN Sudden Infant Death Center

This pamphlet helps you understand what is taking place and how other parents have reacted.

Helping Yourself Heal When A Baby Dies by Batesville Management Services

This pamphlet gives suggestions to practice in order to help yourself heal after the loss of a baby.

Helping A Friend Cope With Infant Loss by American Sudden Infant Death Syndrome Institute.

This pamphlet explains ways to ease the pain, what to avoid, and the urgency, hope and the future.

Helping Infants and Toddlers When Someone They Love Dies by Batesville Management Services

This brochure discusses some of the unique needs and will help you care for bereaved infants and toddlers up to age three.

Helping SIDS Survivors Heal by Batesville Management Services

This brochure will guide you in ways to turn your cares and concerns into actions.

She Was Born, She Died by Cohen

A collection of poems following the death of an infant.

When A Baby Has Died by National Funeral Directors Association, Inc.

This pamphlet explains some reactions to a baby's death, how to cope with the grief and how to explain it to your children.

When Your Baby Has Died by Accord

This pamphlet talks about some feelings associated with the loss of a baby and how best to cope with these feelings.

BOOKS ON THE DYING

A Time To Live by Barbara Karnes

This publication offers some guidelines to help you live with your life-threatening illness. Presented in a straight-forward and direct manner, this material may be emotionally difficult to read. However, our hope is that you will come away with a different outlook on your life

situation.

Aging is A Family Affair by Doug Manning

Doug provides hands-on planning guide for a practical and loving approach to long-term care.

Autobiography Of Dying by Archie Hanlan

The author realizes that the weakness he has been experiencing is a menacing disease. His personal feelings are revealed here in this excellent volume where he brings his social work skills to help the communication problems between dying patients sense of loss.

Coping With Cancer by Avery D. Weisman

Presents a reasoned and research-grounded lesson in diversity by one of the pioneers in the field of death and dying. Divided into ten sections, it deals with coping in terms of attitudes, good and bad behaviors, etc. It discusses many practical topics for good death.

Deathing by Anya Foos-Graber

An intelligent alternative for the final moments of life. This is a book about life, not death. It is for the medical and other helping professionals, patients, clergy, laity, the dying, and the living.

Death Out Of The Closet by Deborah Perry & Gene Stanford

This supplies a new and flexible approach to teaching courses on death, dying, and grief. It includes topic divisions, questionnaires, suggests activities and materials to use.

Do Not Go Gently by Herbert M. Howe

A true story of courage, hope and consolation - and triumph over fear. "Cancer transformed my life into a sports analogy". He found that his decision to attack his disease rather than "go gently into the good night", had not only saved him but also changed him dramatically for the better.

Facing Death by Robert E. Kavanaugh

Discusses our preconceived notions about mourning, our outdated death mythology, today's changing views of euthanasia, and suicide and the value and purpose of funerals.

Gone From My Sight - The Dying Experience by Barbara Karnes

This booklet is a simple guideline which lists signs that may be present months or hours prior to death including, withdrawal, disorientation and physical changes.

Grow Deep Not Just Tall by Karen Kaiser Clark

This book walks through the journey of a tree growing through each season. Search with your heart for what is real in each page.

Home Care: Living With The Dying by Elizabeth R. Richard, et. al

Sponsored by the Foundation of Thanatology, this ground breaking new book demonstrates the 'why' of home care, the needs of patients and families in this situation, the role of each professional involved, from doctor, nurse, chaplain, social worker, psychiatrist and the volunteer.

If I Were Dying... by Richard J. Obershaw, MSW, LICSW

This booklet outlines what the author feels he will need if dying in a hospice environment.

Last Touch: Preparing for a Parent's Death by Marilyn R. Becker, MSW

This landmark book gives practical step-by-step guidelines for dealing with the fatal diagnosis, how to get other family members and friends to provide what they can in terms of help and support, straight talk with your parents about death, and healthy grieving.

Living With Cancer by Mary Beth Moster

Testimony of a woman with cancer. It covers what happens when cancer cells begin multiplying and alleviate some of the fears of cancer.

Living With The Dying by Glen W. Davidson

An insightful, realistic book written about coping with dying - an individual's own dying and the dying of people close to them. His book will serve as a guide and support for the professionals who work with the dying persons and their families.

Making Sense Out Of Suffering by Peter Kreeft

This is a philosophical address to the question of suffering. It has been called the Christian answer to 'Why Bad Things Happen To Good People'.

Questions and Answers On Death And Dying by Elizabeth Kubler-Ross

This sequel to "On Death and Dying" consists of the most frequently asked questions of Dr. Kubler-Ross, and her answers. Questions about accepting the end of life, suicide, terminal illness and euthanasia. Questions about the special difficulties surrounding death.

The Hospice Movement by Isandol Stoddard

The author gives some underlying history on hospice and then takes us on a tour of several well known hospice institutions. Finally, she gives us some facts on costs and how the powers that control expenditure have ignored the facts.

Tuesdays with Morrie by Mitch Albom

This book is about the author's time together with his college professor in the last months of the older man's life who suffers from ALS (Lou Gehrig's Disease).

Until Tomorrow Comes by Orville E. Kelley

The author has cancer and decides to look at life in terms of the next sunrise. He learned to make "each day count" as a gift in itself. With its elements of the courageous and truthful testimony of a man who turned his disability into a growth experience for others.

When A Person Dies by Robert L. Kinast

It describes pastorally a concrete experience of death to begin each chapter. Raises an approximate and significant theological question arising from that death experience. About the impact of our death upon God.

Where Souls Meet Communicating with the Terminally Ill by Dillon Woods
Short, to-the-point sections that guide the reader through the practical, spiritual and difficult issues that arise with serious illness. Includes lists and charts for the care giver.

VIDEO TAPES ON THE DYING

At Death's Door Facing the Terminal Illness of a Loved One by Rabbi Dr. Earl A. Grollman
Death teaches us that we don't know what the future is going to be. This video gives excellent insight on living life to the fullest with your dying loved one. We must invest each day with as much meaning as possible.

BOOKS ON SUICIDE

A Teenager's Book About Suicide by Earl Grollman and Joy Johnson

For teens, parents, teachers and counselors. Earl and Joy talk to the teen, talk about the problems, tell how to spot danger signals in friends and family, what to do if someone else, or the teen himself, are thinking about attempting suicide.

Dying to Be Free - A Healing Guide for Families after a Suicide by Beverly Cobain and Jean Larch

The authors personal account, along with tender recollections from other suicide survivors, provide powerful insight into the confusion, fear, and guilt that family members experience.

Life After Suicide - A Ray of Hope for Those Left Behind by E.Betsy Ross

This book describes the dynamics of after suicide bereavement and gives specific suggestions for helping survivors, children, and others.

My Son...My Son by Iris Bolton

It gives insight into suicidal death of young people. Based on the author's won experience, this

book helps parents to cope with the tragedy of suicide and promotes understanding and healing.

Suicide of a Child by Adina Wroblewski

This booklet is for parents who have had a child commit suicide. It addressed the feelings parents experience, ways to relate to other people, your marriage, your other children and what you can do to take care of yourself.

Suicide: Prevention, Intervention, Postvention by Earl A. Grollman

This book provides information on suicide statistics and gives advice on how to recognize the warning signs of a potential attempt, how to intervene when a suicide has been attempted, and how to comfort families and friends who have lost a loved one to suicide.

This is Survivable - When Someone You Love Completes Suicide by Sondra Sexton-Jones, M.S., L.P.C.

The author found her husband after he completed suicide. With gentle repetition, she tells you what to expect, what you may feel and that this is survivable. Perfect for spouse.

The Empty Chair - The Journey of Grief After Suicide by Beryl Glover

When a loved one completes suicide, the reaction to such a sudden and final act can sometimes delay the healthy grieving process. This book describes and offers guidance for each emotion and issue that one encounters following a suicide.

Youth and Suicide - Too Young To Die by Francine Klagsbrun

Klagsbrun makes clear in this book, most of these deaths could have been prevented by learning to recognize the danger signals and knowing what to do when you spot them.

PAMPHLETS ON SUICIDE

After Suicide: A Unique Grief Process by Betsy E. Ross

This pamphlet explains after suicide grief, how to help yourself and others and the do's and don'ts of listening.

Grief After Suicide by Mental Health Association, Waukesha County, Inc.

This pamphlet explains the general observations of initial shock, anger, guilt, relief and stigma.

Helping A Suicide Survivor Heal by Batesville Management Services

This pamphlet explains how you can help - be aware of holidays and anniversaries, be aware of support groups.

Hope For Survivors by Spiritual Care Department, St. Cloud Hospital Bereavement Support Group

This pamphlet gives information about group meeting dates and times for those whom suicide leaves behind.

Suicide In The Young by Batesville Management Services

This pamphlet explains some statistics on teenage suicide and reviews some common misconceptions and danger signals of teenage suicide.

When You Are A Survivor Of Suicide by Accord

This pamphlet answers some tough questions associated with suicide. It reviews such things as, guilt, social disgrace, anger and religious conflicts.

VIDEO TAPES ON SUICIDE

The Shattered Dimension: The Journey of Grief After Suicide by Doug Manning (40 min)
This video covers many of the emotions and reactions one will find after a loved one completes suicide. Part one deals with shock, depression, anger, blame and guilt. Part two moves the viewer on to anniversaries and holidays, memories, support groups, forgiveness and well being.

BOOKS FOR THE WIDOWED

Every Woman's Guide To Financial Security by Stephen M. Rosenberg, CFP and Ann Z. Peterson

Achieve solid financial and emotional footing, regardless of marital status or financial circumstances. Understand clearly what to do and what to avoid. Discover ways to secure your financial well-being. Build self-esteem, self-confidence, and self-sufficiency as each chapter guides you along the path to financial security.

Getting to the Other Side of Grief - Overcoming the loss of a spouse by Susan J. Zonnebelt-Smeenge, R.N., Ed.D. and Robert C. De Vries, D.Min., Ph.D.
This book gives numerous helpful suggestions to accomplish grief tasks. The authors share their own grief stories as living proof that, if worked through properly, grief will lead to a fresh new phase of life.

Living When A Loved One Has Died by Earl A. Grollman
Containing reassurance for the grieving reader, it says exactly what must be said to help us confront the death of a loved one. For example, 'Talk things out, express your feelings, act out of grief, sorrow, like the river, must be given vent lest it erodes its bank.

Starting Over by Adele Rice Nudel
Help for young widows and widowers. It is a book of expert advice as well as a book of comfort that will help them through the time of grieving and cope with loneliness, as they progress from helplessness to hopefulness.

The Lonely House by Lowell O. Erdahl
Here is a tested and proven resource for those who need a daily companion during such a time of loss. Daily readings for 16 weeks following the loss of a 'significant other'. The promises of God in Jesus Christ are central in each message.

The Warming Of Winter by Maxine Dowd Jensen

Speaking from first-hand experience, the author shares the crisis of widowhood in a straight forward easy-to-read style. She gives advice, inspiration and constructive suggestions.

The Widower by James Burgess Kohn & Willard K. Kohn

Everyone pays attention to the widow, but very few give attention to the man who loses his wife. He struggles alone with the same problems that everyone else has at a time of death. Both authors are qualified to write this book, they were both widowed when they met and now happily married.

Widower: When men are left alone by Scott Campbell & Phyllis R. Silverman

This book explores and analyzes the grief process as men experience it. The book illustrates, through first-hand accounts, some different ways in which men have successfully come to grips with this wrenching loss.

Widow To Widow by Phyllis R. Silverman, Ph.D.

This book describes the theory and experience behind the growth of mutual help programs for widowed women.

Widows are Special by Kathleen L. Peabody & Margaret L. Mooney

The scope of the book is inclusive and concise. It provides helpful insight in assisting the widow to cope with her emotions in confronting inevitable decisions.

Widow's Walk by Jane Woods Shoemaker

Shoemaker explains the process she went through after losing her husband. This book is designed to help other women who follow the same struggle.

PAMPHLETS ON THE WIDOWED

Living When Your Spouse Has Died by National Funeral Directors Association, Inc.
This pamphlet explains that widowhood is a process and how to best approach this process.

On Being Alone - A Guide For Widowed Persons by American Association of Retired Persons
This booklet contains some helpful information for the widowed person such as taking care of business of taxes, social security, property, etc.

The Widow's Guides by Hickman
This book gives us an insight into how Kubler-Ross deals with her patients through documentation and excellent pictures. We hear her message...that a man's end should have dignity and beauty, achievable only through a caring, pain-free environment, which is still rarely found in a modern hospital.

When You Are Widowed by Accord
This pamphlet explains that widowhood is a process and how to best approach this process.

VIDEOTAPE ON THE WIDOWED

Grieving Successfully with Mary Anthony by Widowed Persons Services

Mary Anthony is a volunteer for Widowed Persons Services, who explains what happens to men and women when a spouse dies. She also shares her personal experience of losing her husband.

BOOKS FOR CARE GIVERS

124 Prayers for Care givers by Joan Guntzelman

Although care giving brings blessings and rewards, it is seldom easy. It usually involves demanding, unpleasant, and exhausting work. Besides the hard physical work, care givers are dealing with often complex, always mysterious, and sometimes perplexing human beings. The 124 prayers in this book offer a powerful source of strength and consolation.

Acute Grief by Otto S. Margolis, et, el.

The editor has brought a number of professionals together to survey the complex issues surrounding the crisis of bereavement. The purpose of this book is to offer constructive guidelines for those who might counsel someone in the grief process.

Baker's Funeral Handbook by Paul E. Engle

This handbook is offered as a resource for Pastors to minister effectively to the dying and their families.

Creating Meaningful Funeral Ceremonies - A Guide For Care Givers by Alan D. Wolfelt

This handbook is full of insights about the importance of meaningful funeral ceremonies. An inspiring guide for clergy and others who help bereaved families plan and carry out authentic funeral rituals.

Death And Grief - A Guide For Clergy by Alan D. Wolfelt, Ph.D.

This book serves as a source of encouragement and practical help to those clergy who want an understandable framework in which to view their helping role with grieving persons.

Good Grief Club by Hospice of Lancaster County

These books - Elementary school series (grades 1-6) and middle to high school series (grades 7-12) provide the teacher with a curriculum to provide a safe and comfortable place for children to explore, recognize, express and accept their feelings. The manual is designed to accompany a 15 hour training.

Grief Counseling And Grief Therapy by William J. Worden

A handbook for the mental health practitioner.

Grief, Dying , and Death by Theresa A. Rando Ph.D.

Clinical interventions for care givers. Provides funeral directors with specific and practical descriptions of treatment interventions with chronically ill, the dying, and the bereaved.

Healing the Grieving Heart: 100 Practical Ideas for Families, Friends, and Care givers by

Alan D. Wolfelt, Ph.D.

This small book offers 100 fresh ideas for supporting a grieving friend or family member.

How to Care for Yourself While You Care for the Dying and the Bereaved by Alan D. Wolfelt, Ph.D.

This resource is directed at Care givers who companion dying and bereaved people.

Men & Grief by Carol Staudacher

A guide for men surviving the death of a loved one. A resource for Care givers and mental health professionals.

Prayers for Healing by Maggie Oman

365 blessings, poems, and meditations from around the world.

Religion and Bereavement by Austin H. & Lillian G. Kutscher

The basis of this helpful collection of advice, wisdom and psychological insight, is the belief that all faiths can offer comfort to the bereaved that transcends our artificial boundaries of religious difference.

What Will We Do? Preparing a School Community to Cope with Crisis by Robert G. Stevenson

This book offers school personnel to be prepared to help the children cope with death-related topics as well as to function professionally with parents and other members of the community.

When All The Friends Have Gone - A Guide For Aftercare Providers by O. Duane Weeks & Catherine Johnson

This book is a resource of information on aftercare programs of funeral home -based programs as well as those based in schools, hospitals, and the military.

FILMSTRIPS

Coping with Fatal Illness by Educational Perspectives Associates

This filmstrip reaches beyond the mechanics of care of the terminal patient and attempts to provide insights into the emotional needs of dying patients.

Cross-Cultural Aspects Of Death by Educational Perspectives Associates

This filmstrip explores commonalities of means of coping with death by examining how various societies and cultures react in the face of death.

Death And The Creative Imagination by Educational Perspectives Associates

Classic and contemporary attitudes toward death are explored, providing how the artistic individual has expressed his own personal beliefs and feelings.

Death As A Moral And Ethical Issue by Educational Perspectives Associates

This filmstrip approaches the topic in a unbiased manner, pointing out that in each instance, the question of death is a matter involving choices that must be made---choices about living or dying.

Death As A Practical Matter by Educational Perspectives Associates

This filmstrip explores various decisions facing the family following the death of one of the family members. It also discusses the costs involved in the funeral, including the various charges for services and merchandise provided by the funeral director.

Death, Grief And Mourning by Educational Perspectives Associates

This filmstrip deals with the event of loss and bereavement, the emotions of grief, and the process of mourning following the death of someone who was loved.

Developmental Concepts Of Death by Educational Perspectives Associates

This filmstrip examines how persons consider death at various stages in the human life span. Starting with pre-school children and progressing through childhood, adolescence, adulthood, middle age, old age, and the dying.

The Funeral In American Culture by Educational Perspectives Associates

Several funeral directors are interviewed as they relate their feelings about their profession, the funeral ritual, and its future as a part of American society.

Man's Attitude Toward Death by Educational Perspectives Associates

This filmstrip explores how people form attitudes and feelings about dying, death, and related subjects. It examines the prevailing attitude of denial of death, which is gradually being overcome, largely through efforts of death educators at all levels.

Religious Viewpoints On Death by Educational Perspectives Associates

This filmstrip discusses the beliefs, practices and theological backgrounds of Jewish, Protestant and Catholic faiths as they pertain to various facets of dying and death. The program illustrates many of the rituals surrounding death in these faiths, as well as examining the implications of death-related beliefs to life itself.